



# Physio Treatment & Recovery

## Powered by Hyperice



**Website:** [sportsphysio.ie](https://sportsphysio.ie)  
**Email:** [sales@sportsphysio.ie](mailto:sales@sportsphysio.ie)  
**Telephone:** 062-77014  
**Socials:** @sportsphysioirl

**Address:**  
Racecourse Road, Killinan, Thurles, Co. Tipperary. E41XD59

# Hyperice as part of your clinic treatment



- Warm up the muscles before treatment.
- Loosen and relax muscles that are overly tight prior to further treatments e.g dry needling.
- Excellent in the neck & trap area to treat tight muscles. Patients love it.
- Helps provide foot pain relief for runners or patients who suffer from Plantar Fasciitis.
- Hypervolts excellent for deeper muscle areas such as Hamstring & Glutes. Help save your hands & thumbs!


- Venom Heat & vibration wraps excellent for pain relief. Great treatment for lower back & shoulder.
- Venom Back amplifies the soothing power of heat with compression and vibration to melt away stress and tension.
- Normatec & venom combined recovery session very popular with patients with great outcomes.
- Walk, bend, and stretch or simply sit back and relax. The Venom line is designed to move with you, for a hands-free, portable treatment on demand.



- Excellent Adjunct to your current treatments to encourage Rehab and Recovery.
- Normatec has Rehab programs to help with Injury recovery e.g Ankle Sprain Rehab.
- Venom back heat and vibration wrap coupled with the Normatec is an excellent treatment.
- Great for return to sport in terms of managing the recovery and reducing chance of Re-injury.

# Elevating the Patient Experience

Together, through your expertise and our innovation, we can elevate and differentiate your patient experience, enhance care inside and outside the clinic and drive new patients through your doors.

**Hyperice**


Elevating the patient experience

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**Our mission**

Hyperice's mission is simple - to help everyone on Earth move better, live better and be better.

Whether you're an elite athlete or an individual who is simply looking for solutions to combat the impact of daily life, our suite of innovative products are here to help you unlock the best version of yourself. So you can always be at the top of your game, no matter what that game might be.



# Rehab & Recovery Zone in your clinic

Encourages patients to come to the clinic do their rehab and recovery in between treatments.  
Attracts Fit and non-injured athletes to the clinic to recover between their training and competition.



Only  
3x2m  
Space  
Required

## Normatec Recovery Zone

Normatec Recovery System x 2  
Zero Gravity Chair x 2

**Package Cost €1,965 + VAT**



Only  
3x2m  
Space  
Required

## Normatec and Percussion

Hypervolt 2 Pro Wall Box x 1  
Hypervolt 2.0 Pro x 1  
Normatec Recovery System x 2  
Zero Gravity Chair x 2

**Package Cost €2,775 + VAT**

Wall box has 2 hypervolt guns attached and fixed to wall.



Only  
3x2m  
Space  
Required

## Clinic Mobile Set Up

Normatec Recovery System x 1  
Zero Gravity Chair x 1  
Hypervolt 2.0 x 1

**Package Cost €1,185 + VAT**

Stuck for space? This package can be easily stored away when not in use and taken out for patient use.

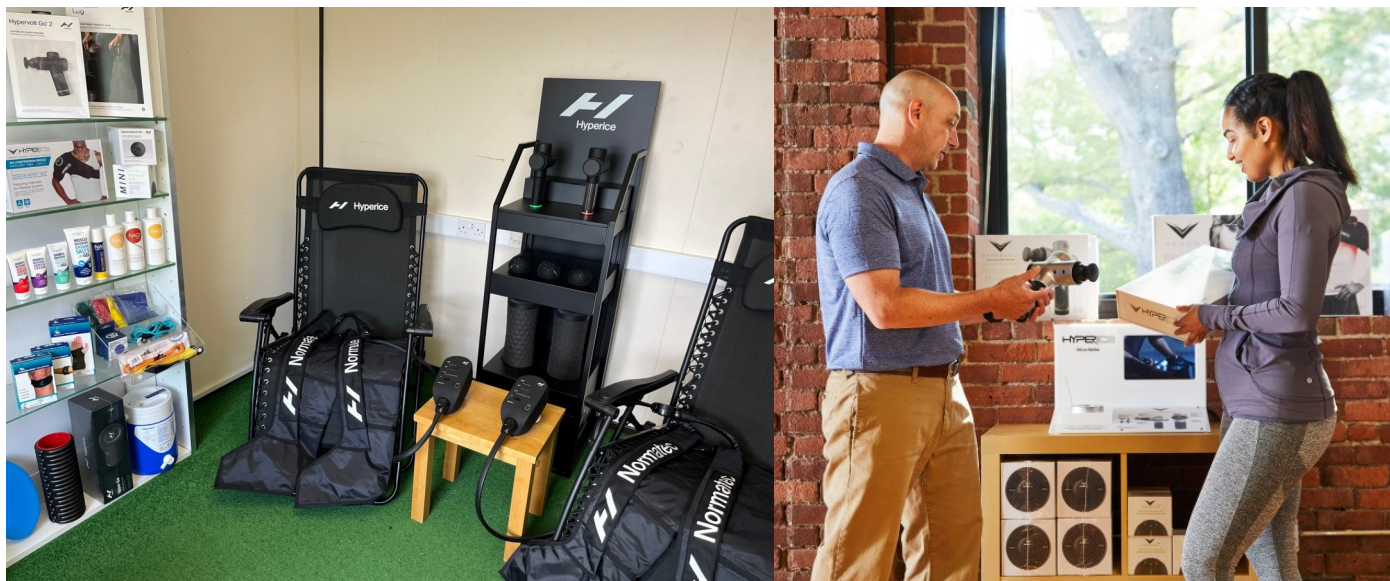
## Additional Revenue for your clinic

- Doesn't require any additional staff or supervision.

### Projected use

- 20€ per session. Weekly projected Revenue €200—€300.
- Investment paid for in approx. 2 months and additional clinic monthly revenue thereafter of approx. €1000.

# Retail Hyperice From Your Clinic



**Many clinics worldwide supply Hyperice products to their patients & athletes. Increasing no of Irish Physio Clinics now offering these to their patients.**

- Promotes recovery with your patients between treatment visits and hence better outcomes.
- Your athletes use for warm up before training & games and recovery afterwards so reduce the risk of reinjury when returning to sport.
- Resellers trade price for Physio & Rehab clinics with a very good margin. Additional revenue stream for your clinic.
- No stock holding risks. We operate a sale or return basis. So if certain products don't sell as you expect we can take back the stock.



Normatec 3.0



Venom 2 Back



Hypervolt 2 Go



Vyper 3



Hypersphere Mini

# Feedback from Physiotherapists



"The Hypervolt is a really useful tool in my recovery arsenal, helping me stay in the best shape possible to train."

As an athlete it's not only the hard miles out on the road or track that get me to the startline, it's also all the work in between.

Recovery is such a key part of my life, using the Hypervolt pre & post training has helped me tackle the rigours hard training has on my body"

*Ciara Mageean*

*Olympic Games Semi Finalist 2016  
European Bronze Medalist Outdoor 2016  
European Bronze Medalist Indoor 2019*



## **Aileen Flynn – Chartered Physiotherapist & Triathlete (World Championship Ironman)**

As a triathlete I regularly train twice a day. This can result in significant muscle fatigue & soreness. Since using Normatec as part of my recovery routine I've noticed that I can take on subsequent sessions with more ease and fresher legs.

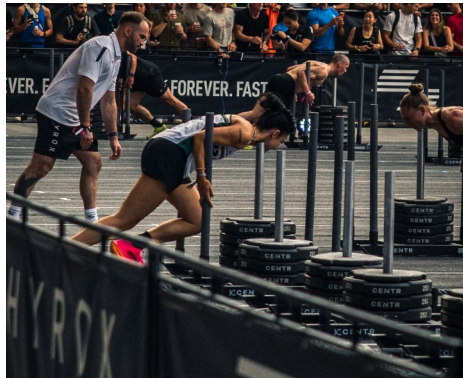
I consider Normatec a key element in my training program and attribute part of my successful season in 2017 to timely use of my recovery boots.

As a chartered Physiotherapist I see first hand in athletes bodies what can result from insufficient recovery.

Elevating the legs in a recumbent position certainly helps with recovery and in my experience the added massage effect of Normatec seems to assist in reducing my muscle soreness.

My legs always feel a few years younger after some recovery time in my Normatec boots.

# Feedback from Physiotherapists



As a Hyrox athlete who had the honor of competing in the Hyrox World Championships in Nice, June 2024, I cannot express enough gratitude to Matt Carr and the incredible team at Sports Physio and Performance. Their sponsorship of the entire Irish team, providing us with Normatec Recovery Boots, Hypervolt Massage Guns, Foam Rollers, Mobility Balls, Resistance Bands, Mini Bands, and Pre- and Post-Training rubs, was nothing short of a game-changer.

These tools were absolutely imperative in managing the high training volumes leading up to the World Championships. As athletes, we constantly push our bodies to the limit, and the recovery process becomes just as important as the training itself. With the Normatec Boots and Hypervolt Massage Guns, we were able to enhance our recovery between sessions, reducing muscle soreness and improving circulation, allowing us to train harder and more frequently without picking up injuries.

The foam rollers and mobility tools helped us stay limber and avoid the usual tightness and strains that can creep in during such intense prep. I genuinely believe that without these crucial tools, many of us would have struggled with injury management and might not have performed at our peak.

To Matt and the whole team at Sports Physio and Performance, thank you from the bottom of my heart. Your support made all the difference, and we couldn't have achieved what we did without your help! Your commitment to athlete performance and recovery is second to none, and we are incredibly grateful for everything you've done for us.

**Ellevyn Irwin**  
**Hyrox Athlete & Chartered Physiotherapist**



# Feedback from Physiotherapists



**Cuala GAA**

All-Ireland Senior Club  
Hurling Champions  
2017 and 2018

We've been using Normatec compression as part of our recovery strategy this season.

It has been a huge asset to our senior panel squad in helping to keep legs fresh and players performing at a high standard.

Player compliance with protocols has also been high due to its ease of application.

**Andy Watson**

**Certified Athletic Therapist  
and Chartered Physiotherapist**

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Recovery Rooms Powered by Hyperice are the new standard of excellence. Sports Physio & Performance are our partner & official distributor in Ireland, helping bring Hyperice technology to professional & amateur clubs, sports medicine & fitness facilities and individual athletes of all types.

They have a great understanding of the technology & how Hyperice can benefit athletes in their training, recovery & performance in their sport. Matt & the team have helped design, set up & support numerous Recovery Rooms across the country & we work closely with them to support these developments.

**Dan Canina**

Director of Global Performance - Hyperice



## Elite Sports Recovery

*"We have developed a great relationship with Matt and his team in Sports Physio & Performance. Their support is evident in our recovery room in Cork. They provide the best sports supplies in all of Ireland. Quality is the best business plan and it is bringing our new business great results."*

**T.J. Brosnan**

# Backed by Research

## Trusted by Professionals

### How Can Normatec Benefit Your Team?

The benefits of Normatec boots have been found to include:

- Reduce injury risk
- Improve performance
- Decreasing muscle soreness
- Decreasing recovery time
- Decrease muscle fatigue after acute exercise
- Improving range of motion
- Reduce yearly physiotherapy cost

### Research on Hyperice Vibration and Percussion

Hyperice is committed to advancing the science of vibration and percussion – paving the way to better clinical outcomes. We fund independent studies exploring the effects of percussory and vibratory therapy. Below is a summary of recently published studies.

Peer Reviewed and Published Literature

#### Reduces Pain

The Hyperice Vyper 2.0 vibrating fitness roller is an effective treatment for pain and stiffness, resulting in significantly greater results than a non-vibrating foam roller test intervention.

- Annals of the Romanian Society for Cell Biology 2021

#### Decreases Delayed Onset Muscle Soreness

The Vyper 2.0 was as effective at massage at preventing DOMS and restoring concentric strength while also decreasing both pain and LDH levels in the 48 hours post exercise.

- Central University, New Delhi

#### Increases Range of Motion

Treatment of posterior shoulder tightness with a single Hyperice's Hypervolt session significantly improved horizontal adduction and internal rotation.

- Journal of Musculoskeletal Science and Technology

5-minute treatment of the calf muscles using Hyperice's Hypervolt significantly increased maximum dorsiflexion range of motion of the plantar flexor muscles.

- Journal of Sports Science & Medicine 2020

### Research on Normatec Line

Hyperice is committed to advancing the science of compression – paving the way to better clinical outcomes. We fund independent studies exploring the effects of peristaltic pulse compression. Below is a summary of recently published studies.

Peer Reviewed and Published Literature

#### Lessen Pain Sensitivity

Normatec Pulse compression is a promising means of accelerating and enhancing recovery by reducing muscle tenderness from pressure stimuli.

- Journal of Strength and Conditioning 2015

#### Increase Range of Motion

Normatec Pulse compression rapidly enhances acute range-of-motion with less discomfort and time.

- Journal of Strength and Conditioning 2014

#### Pulse Compression as a Treatment for DOMS

A 30-minute treatment of Normatec Pulse compression increases blood flow in the lower extremity, possibly making Pulse compression a viable option in the management of exercise-induced muscle damage (DOMS).

- Journal of Athletic Training 2016

#### Decrease Muscle Fatigue After Acute Exercise

Normatec Pulse compression increases flexibility and reduces select skeletal muscle oxidative stress and proteolysis markers during recovery from heavy resistance exercise.

- PLOS One Medical Journal 2017

[LINK](#) to full studies  
& further literature